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# Living Life With Purpose

UNSTUCK &  
UNSTOPPABLE



God created us for a purpose and it changes according to the season we are in. We had different purposes when we were a child from when we became a teen and later an adult or a parent. No matter what season we might be in, we all have a purpose. It might not be easy for that season, but it will always be inside of us. To live life to the fullest, we have to discover our purpose.

Below are three questions we can ask ourselves to assess if we are living a life of purpose. But before we discover our purpose, let us discuss the four essential building blocks of life with the understanding that, if we focus and develop on these building blocks, nothing can cause us to stay stuck or be stranded.

## Four Foundational Building Blocks of Life

In life, we get stuck because we fail to discover, neglect, or lose sight of one or more of the four essential building blocks of life. Each of these building blocks is unique and requires time, energy, and focus:

### 1. **Identity:** who you are in Christ

You have to know who you are in Christ, not just who you are. You can't find your identity by just discovering who you are, you will find your identity by discovering who you are according to the one who made you.

### 2. **Purpose:** what you are supposed to be doing now

Jeremiah 1:5 "Before I formed you in the womb, I knew you." What that means is God knew me, before I was born, and he's appointed me, as whatever it is that he's created me to be, that there is a purpose in every season of my life that I'm supposed to fulfill. Our purpose is already there, we just have to find it. When our purpose doesn't look the way we want it to be. When we are in the middle of a season where completing or being a part of our purpose isn't comfortable, we can always go back to identity. If we know who we are, and we know who God has called us to be.

### 3. **Vision:** where you are going and/or a picture of the future

4. **Paradigm:** your conscious and subconscious pattern or habit of thought. It's what will either get you there, or it will sabotage from where you're getting.

## THREE QUESTIONS TO ASK YOURSELF TO SEE IF YOU ARE LIVING A LIFE OF PURPOSE

These questions are designed to ask yourself if you are experiencing all that God has for you.

### 1. WHAT AM I DOING THAT I SHOULD STOP DOING?

All of us have something that, if we were honest to ourselves, we would admit we shouldn't be doing. I bet most of us are living a life that we never intended to live. It is easier to say NO when you know who you are, and who God created you to be. So:

- Don't get distracted
- Don't allow things to move you off of God's path for your life

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### 2. WHAT AM I NOT DOING THAT I SHOULD START DOING?

Once you say no to everything you're not supposed to do, you can make space and add in the right things. There are many times we say no to God because we're busy with other pursuits. Remember, you're trying to discover God's purpose for your life, let this be the year you start living out your purpose.

Some of you may want to do:

- Follow Jesus, pray and read the bible more often
- Join a SMALL GROUP

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### 3. WHY NOT DO IT TODAY?

Identify the excuses that you tell yourself and list them down. You will find out that many of them are not valid reasons, they're excuses. And if it is a valid reason, then create a plan of how to overcome that valid reason.

MAKE A COMMITMENT TO **START TODAY**. YOUR PURPOSE will give you FOCUS. It will give you ENDURANCE. It will give you FULFILLMENT.

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*Remember this: all you've got to do is get 1% better. Let that be your goal every day; you are better today than yesterday. Consistency always wins over quantity. Just take one consistent step forward, one step here, one step there. That's always better than a massive quantity of rushing to do it all at one time. We believe in you and are cheering you on in your journey to get Unstuck and become Unstoppable.*

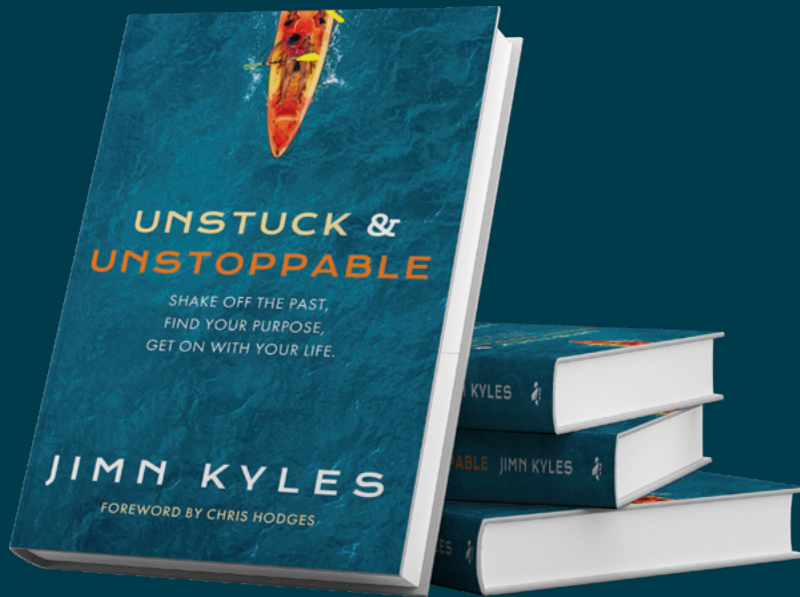




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MOVING YOUR LIFE FORWARD





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